

16.30	<b>SESSION FIVE – ‘MUSIC AND MOVEMENT’</b> <i>Managing Vocals and Movement</i> (Please bring scores and a pencil)
17.30	Break
18.00	Supper
19.30	<b>SESSION SIX – ‘STYLISTIC SINGING’</b> <i>Chorus parts in Stainer’s ‘Crucifixion’</i> (Please bring scores and a pencil)
20.30	Recreational time
22.30	Dormitories

## INGESTRE HALL RESIDENTIAL WEEKEND

### GENERAL INFORMATION

Address: Ingestre Hall Residential Arts Centre,  
Ingestre,  
Staffordshire.  
ST18 0RF.

Coach Operator: Hills Coaches,  
Wolverhampton.

### SUNDAY 7<sup>th</sup> MARCH

09.00	Breakfast
09.45	<b>SESSION SEVEN – ‘SKILLS INTO PRACTICE’</b> <i>Putting A Musical Together – Act One</i> (Please bring scores and a pencil)
10.45	Break
11.00	<b>SESSION SEVEN – ‘SKILLS INTO PRACTICE’</b> <i>Putting A Musical Together – Act Two</i> (Please bring scores and a pencil)
12.00	<b>SESSION EIGHT – ‘PLENARY’</b> <i>Target Setting For Public Performance</i>
12.15	Recreational time
12.45	Lunch Pack Recreational time
14.15	Coach departs Ingestre Hall
15.30	Arrive Summerhill School

### COACH

- Seatbelts must be worn at all times when the coach is in motion
- Chewing gum is not allowed on the coach

### INGESTRE HALL

- You will be told about emergency fire regulations upon arrival
- Please keep all areas tidy and place litter in the bins provided
- Food and drinks are not allowed in the dormitories
- Soft shoes (trainers or similar) should be worn inside Ingestre Hall. Animal slippers, slipper socks, mules and high heels are unsuitable as Ingestre has lots of wooden floors and stairs.
- Stronger shoes for outside use can be stored in ground floor lockers
- Please move around in a quiet and sensible manner
- The staff request your co-operation at night. You will not be sent to dormitories at an unreasonable hour but once you are you will be expected to stay there. Students will not be allowed into dormitories other than their own. This is a working residential and therefore everyone including staff need to rest without undue interruption or disturbance.

## MEALS AND MEAL TIMES

- All meals are served in the Dining Room
- At each meal two students per table will be allocated table duties which entails serving and clearing away at the end of each meal and resetting the table for the next.
- There are set meal times and these can be found in the itinerary for the weekend.

## COFFEE BAR

- This is a student area
- Four students will be needed to serve drinks and wash cups each time it is used.
- Drinks cannot be taken from the coffee bar into any other parts of the Hall.

## RECREATION FACILITIES

- Some games are provided for your use including table tennis tables, bats and balls.
- There are a number of arcade games in the cellar area.

## WHAT DO I NEED TO BRING?

- Change of clothing
- Warm clothing should you wish to move around outside
- Toiletries and a towel
- Money for the coffee bar and cellar games if you wish to use them – there is nothing else to buy so you don't need lots of money.
- Music and a pencil

## ITINERARY

### FRIDAY 5<sup>th</sup> MARCH

18.15	Arrive at Summerhill School
18.30	Depart for Ingestre Hall Assemble in the Great Hall upon arrival Luggage to dormitories
21.00	<b>SESSION ONE – ‘USING THE VOICE’</b> <i>In Touch With The Voice</i> <i>Good Vocal Technique</i> <i>Attention To Diction</i>
21.45	Recreational Time
22.30	Dormitories

### SATURDAY 6<sup>th</sup> MARCH

08.30	Breakfast
09.30	<b>SESSION TWO – ‘VOCAL HARMONY’</b> <i>Maintaining A Part – S+A, T+B</i> (Please bring scores and a pencil)
10.45	Break
11.00	<b>SESSION THREE – ‘CHORAL HARMONY’</b> <i>Singing Together As A Choir</i> (Please bring scores and a pencil)
12.45	Lunch
14.00	<b>SESSION FOUR – ‘VISUAL EFFECTS’</b> <i>Movement in Dance</i> <i>Stage Movement And Singing</i> <i>Costume</i> <i>Joseph – The Video</i>
15.30	Recreational Time